**WILCO AREA CAREER CENTER**

500 Wilco Blvd, Romeoville, IL 60446

815-838-6941

**Course Title:** Health Science – Basic Nursing Assistant Training Program

**Instructors:** Karen Aldworth RN, Nance Budde RN, Sharon Sillitti RN

**Length of Course:** One Year

**Articulation/Relationship:**

Students that complete all Illinois Department of Public Health (IDPH) requirements and receive a final score of 80% or above will receive 7.5 credit hours from Joliet Junior College.

**Description/Content:**

The Basic Nursing Assistant Training Program is structured to prepare the student for employmentas a Certified Nursing Assistant (CNA). The curriculum includes all standards and procedures contained in the IDPH Certified Nurse Aide Instruction Model. The State Nurse Assisting Competency Examination can be taken through this course with the completion of 40 hours of on-site clinical experience at a local nursing facility, included in the class structure. Upon successful completion of the exam, students will have their name placed on the Health Care Provider State Registry and will be eligible to gain employment as a CNA in varied health care facilities such as, hospitals, nursing homes, assisted living facilities, or home health agencies. Students may also choose to continue their education in preparation for any of a number of careers in the health care field ie; Registered Nurse, Physical Therapist, Respiratory Therapist, Ultrasound Technician, etc.

**Instructional Philosophy:**

Students will be expected to meet the course goals listed below and be able to demonstrate their understanding of the underlying concepts. The instruction will utilize lecture, role-playing, audiovisual aids, demonstration and “hands on” experience at a local clinical location. Students will work independently or in groups to complete assignments and projects. Assignments will require students to draw upon academic skills in biology, anatomy, mathematics, and language arts. Student assessment will be based on covering important concepts, completion and evaluation of chapter worksheets, written exams covering important concepts and procedures. All students must complete the course with an 60% to be eligible to receive high school credit for this course.

**Classroom:**

Classroom instruction shall include:

1. Information Presentation
   1. Lecture
   2. Textbook
   3. Handouts/worksheets
   4. Skill demonstration
   5. Audio Visual
   6. Role playing
2. Student Participation
   1. Discussions
   2. Reading textbook chapters/handouts
   3. Completing worksheets
   4. Viewing audio visuals
   5. Lab demonstrations
   6. Role playing

**Lab Practice:**

Lab practice is a necessary component that helps prepare the students for their clinical experience. Skills will be learned and practiced in a simulated environment with demonstrations and guided practice. Students will also be required to show mastery of multiple skills during the school year. Skill testing will be performed at both Wilco and the clinical setting to ensure skill mastery. Students must participate in all lab practices and show proficiency when tested in order to comply with IDPH and Wilco requirements. Any students unwilling to participate in classroom skill and/or testing may be prevented from attending clinical. If a student does not pass all required skills, they will not be permitted to sit for the State Competency Exam per IDPH regulations.

**Beneficial Skill/Knowledge:**

The ability to perform basic math functions such as addition, subtraction, and fractions is required. Knowledge of biology and anatomy is beneficial.

Students must have the maturity necessary to exhibit respect and professionalism at the clinical facility. Emotional stability and a desire to help others are recommended attributes.

**Student Learning Outcomes:**

Course Content Outcomes

1. Discuss the role of the nurse assistant in various healthcare settings
2. Name the body systems and describe their main functions
3. Demonstrate all 21 IDPH required performance skills satisfactorily.
4. Demonstrate effective ways to care for residents with Alzheimer’s and related dementias.
5. Identify the correct procedure when performing CPR.
6. Demonstrate respect for the resident as a physical, social, psychological and spiritual being
7. Practice safe and complete personal care to all assigned residents

**General Education Student learning outcomes:**

Students will demonstrate an ability to think critically and analytically

**Grading Scale:**

**Wilco** 90 – 100% = A

80 – 89% = B

70 – 79% = C

60 – 69% = D

**JJC Dual Credit**

94-100% = A

88-93% = B

80-87 % = C

**Grading Policy:**

Lab/classroom participation : 10%

Homework : 20%

Chapter tests : 50% (Must maintain an 80% average on tests to qualify for State Exam)

Midterm/Final Exams : 20% (Midterm and Final must be passed with an 80% to qualify for clinical and/or CNA State competency exam)

**Make-up Policy:**

Students receiving an excused absence will be allowed equal days as number of missed days to turn in work. An unexcused absence will result in the student receiving a “0%” for the work completed that day. Anyone receiving an unexcused absence on a clinical day will be terminated from clinical.

**Instructional Integrity:**

Any student that is found to have cheated on daily classwork, exams or midterm/final will receive a “0%” as the grade for the assignment or exam

**Clinical Policies:**

Students are required to wear the following uniform at the clinical setting: white uniform scrub top, navy blue scrub bottoms, white socks, white leather nursing or athletic shoes. In addition, hair must be worn up off the collar and long bangs must be secured off the face, **no** visible piercings or jewelry, with the exception of a wedding band, are allowed, gauges must be plugged with a solid skin toned plug, fingernails are to be natural, smoothly filed to a length no longer than ¼ inch above the nailbed. No artificial nails are allowed. Nail color of any sort is not allowed in the clinical setting. Clear nail polish (no French) is allowed if needed for strength of nails. All visible tattoos must be covered at all times while in the clinical setting. Due to allergies and sensitivities, no perfume or scented lotions are to be used in the clinical setting. All students must have a watch with a second hand, a black pen and note pad, and gait belt at every clinical session. Cell phone usage at the clinical setting is prohibited. Students are required to purchase a uniform scrub top (approx.. $19.00 to $21.00) through Wilco. Students are required to purchase a navy blue scrub bottom on their own. The student will not be permitted to attend clinical without the appropriate uniform.

There is no bus service to the clinical sites. Students are required to obtain their own transportation to and from clinical. Students will be given driving and passenger forms that will need to be completed and returned before the beginning of the clinical rotation. Student passengers are permitted to ride only with the person listed on their passenger permit. Student drivers are permitted to drive only the students listed on their driving permit. Failure to comply may cause the student to be terminated from clinical.

Students that have chosen not to participate in clinical or students that have been removed from clinical will still receive high school credit for the class upon receipt of a passing grade.

**State Competency Exam:**

Students that meet IDPH and Wilco requirements are eligible to take the State Competency

Exam for CNA certification. The fee charged for the State Exam in 2014 was $65.00. A valid Social Security Number (SSN) is required to register for the state examination.

Students are also required by IDPH to have a fingerprint Health Care Provided (HCP) background check performed as part of the State Certification process. A valid SSN is required for the background check. The cost of the background check is $30.00. As per nursing facility requirement, the background check must be performed and available prior to attending the clinical site with Wilco.

Upon successful completion of State Exam the student’s information will be entered in the IDPH Health Care Worker Registry.

**Instructional Materials:**

*Essentials for Nursing Assistants,* 5th Edition, Sheila Sorrentino

*Essentials for Nursing Assistants,* 5th Edition, Sheila Sorrentino Workbook

*BLS for Healthcare Providers,* American Heart Association

IDPH Rules and Regulations, Basic Nurse Assisting Training Program (BNATP)

**INSTRUCTIONAL AGENDA**

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| **Module** | **Topics** | **Comments** |
| Module 1 | Introduction to the Health Care System | * Functions of healthcare facilities * Home health agencies * Philosophy of patient care * Role of multi-disciplinary team * Personal qualities of nurse assistant * Duties of nurse assistant * Medical terminology * Recording/Charting |
| Module 2 | Your Working Environment/Work Ethics | * Cleanliness * Principles of handwashing * Principles of disinfection * Principles of sterilization * Techniques of disinfection * Maintaining equipment and supplies |
| Module 3 | CPR/Emergency Procedures |  |
| Module 4 | Introduction to Patient | * Resident Rights * Communication * Psychological needs of patient/family * Normal growth and development |
| Module 5 | The Patient in Isolation | * Isolation techniques * Physiological aspects * Psychological aspects * Isolation in the home |
| Module 6 | Falls/Safety | * Body mechanics * Fire safety * Disaster |
| Module 7 | Lifting, Moving and Transporting Patients | * In Bed * Ambulatory * Wheelchair * Stretcher |
| Module 8 | Observing and Recording Vital Signs | * Temperature, pulse, respirations, blood pressure * Height/Weight * Recording |
| Module 9 | The Patient's Unit | * Bedmaking * Need for clean/comfortable environment |
| Module 10 | Personal Care of the Patient | * Oral Hygiene * Bathing * Care of back, feet, skin * Observing/Reporting |
| Module 11 | Supportive Care | * Hot/cold applications * Enemas * Catheters/tubing |
| Module 12 | Nutrition | * Diets/therapeutic diets * Feeding techniques * Nourishments |
| Module 13 | Fluid Balance | * Measuring intake/output * Forcing/restricting * Specimen collection |
| Module 14 | Basic Anatomy | * Skeletal system * Circulatory system * Digestive system * Respiratory system * Urinary system * Muscular system |
| Module 15 | Care of the Terminally Ill Patient | * Psychological needs of patient * Psychological needs of family |
| Module 16 | Care of the Body (postmortem care) |  |
| Module 17 | Fundamentals of Rehabilitation | * Philosophy * Principles * ADL's |
| Module 18 | Aging and Dementia | * Definitions * Terminology |
| Module 19 | Alzheimer's Disease and Related Disorders | * Signs/symptoms * Implications |
| Module 20 | Communications (AD/RD) | * Verbal * Non-Verbal |
| Module 21 | Care and Treatment Modalities (AD and RD) |  |
| Module 22 | Behavior Issues and Mgmt Techniques (AD/RD) | * Mood/behavioral disturbances * Supportive techniques |
| Module 23 | Activities (AD/RD) |  |
| Module 24 | Nutrition and Dietary Factors (AD/RD) |  |
| Module 25 | Family Role and Community Resources (AD/RD) |  |
| Module 26 | Staff Support (AD/RD) |  |
| Module 27 | Patient Care Planning | * Admission * Discharge * Transfer |
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**\*Instructor may make changes to order of instruction during the year to facilitate learning.**

Also included will be handouts/worksheets as content warrants.

There will also be 3 projects during the school year. An Alzheimer Paper, a Skill Presentation/Poster and a Fluid tray.

Health Care – Basic Nurse Assisting Training Program

I have received the syllabus for the Health Science Class and it has been reviewed with me. I have had all my questions answered and understand the requirements for this class.

Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Printed name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_