

Chapter 13	Body Mechanics
base of support	
body alignment	
body mechanics	
dorsal recumbent position	
ergonomics	
Semi Fowlers position	
Fowlers position	
High Fowlers position	
lateral position	
posture	
prone position	
Sims position	
side lying position	
supine position	
Trendelenburg position	
Reverse Trendelenburg position	
MSD	
OSHA	
common causes of MSD	
pillow positions for Fowlers	
pillow positions for supine	
pillow positions for prone	
pillow positions for lateral	
pillow positions for Sims	
5 things you need to know before positioning your resident	
3 "must dos" for chair positioning	
define postural support	
what is a "geri" chair?	
what is a merry chair?	
what is cardiac chair	
best position for resident having breathing difficulty	
describe orthopneic position	