

# Chapter 16

## Transferring the Person

# Lesson 16.1

- Define the key terms and key abbreviations in this chapter.
- Explain how to prevent work-related injuries during transfers.
- Identify the delegation information needed to transfer a person.

# Lesson 16.1 (Cont.)

- Identify comfort and safety measures for transferring the person.
- Explain wheelchair and stretcher safety.
- Perform the procedures described in this chapter.
- Explain how to promote PRIDE in the person, the family, and yourself.

# Transferring Persons

- Patients and residents are moved to and from:
  - Beds
  - Chairs, wheelchairs, and shower chairs
  - Commodes and toilets
- The amount of help needed and the method used vary with the person's dependency level.
- For a safe transfer:
  - Arrange the room so there is enough space.
  - Place the chair, wheelchair, or other device correctly.

# Transferring Persons (Cont.)

- Transfer belts

- Transfer belts (gait belts) are used to:
  - Support patients and residents during transfers
  - Re-position persons in chairs and wheelchairs

- Bed to chair or wheelchair transfers

- Help the person out of bed on his or her strong side.
- Stand and pivot transfers are used if:
  - The person's legs are strong enough to bear some or all of his or her weight.
  - The person is cooperative and can follow directions.
  - The person can assist with the transfer.

# Transferring Persons (Cont.)

- Chair or wheelchair to bed transfers
  - Chair or wheelchair to bed transfers have the same rules as bed to chair transfers.
    - If the person is weak on one side:
    - Transfer the person so the strong side moves first.
    - The chair or wheelchair is positioned so the person's strong side is near the bed.

# Transferring Persons (Cont.)

- Transferring the person to and from the toilet.
  - Getting to the toilet is hard for persons who use wheelchairs.
    - Falls and work-related injuries are risks.
  - Sometimes mechanical lifts are used for a transfer to and from a toilet.

# Transferring Persons (Cont.)

- Mechanical lifts

- Mechanical lifts are used to transfer persons who:
  - Cannot help themselves
  - Are too heavy for the staff to transfer
- Before using a lift:
  - You must be trained in its use.
  - It must work.
  - The sling, straps, hooks, and chains must be in good repair.
  - The type of sling used depends on the person's size, condition, and other needs.
  - The person's weight must not exceed the lift's capacity.
  - At least two staff members are needed.
- Follow the manufacturer's instructions.