

Chapter 19 Grooming Needs Study Guide

Define the following terms *in your own words*:

Alopecia:

Scabies:

Pediculosis:

Pediculosis capitis:

Pediculosis pubis:

Pediculosis corporis:

Hirsutism:

Dandruff:

How are scabies treated?

What should you do before brushing someone's hair in order to protect bed linens or a resident's special pillowcase?

Why do you need the person's consent to either braid their hair or undo braids in their hair?

How should you brush hair that is not tangled? How should you brush hair that is matted or tangled?

Some residents may choose to get their hair professionally done by a hairdresser. In that case, what should you do to protect their hair when they take a shower?

How do you shampoo a resident's hair when they cannot leave their bed?

If someone uses a special medicated shampoo for their hair, where will you get it from before providing care?

How can you keep shampoo out of a resident's eyes when you are shampooing their hair in bed?

Why do you have to use electric razors *instead* of safety razors for:

- A resident on anticoagulant (blood-thinner) medication?
- An older person with wrinkled skin?
- A resident with dementia?

If you are using an agency electric razor that is used on multiple residents, how often must you clean it?

What direction do you shave hair?

Where do you discard disposable shavers?

What should you do first if you accidentally cause a small cut on a resident while shaving them?

Why is it important for the safety of the resident's skin that a CNA has short, smooth nails?

What would you use an orangewood stick for during nail care?

What should you **never** use to trim someone's nails?

In what shape are fingernails cut? What tool would you use to shape nails into a rounded shape after you trim them?

How long do you usually let someone's hands soak in water during nail care? What about their feet?

Why would it be important to support someone's feet while you perform foot care on them?

Dirty socks and shoes that are too small can cause some issues for a resident. What sort of issues does the book describe?

Review the suggestions about dressing a person with dementia or Alzheimer's. Which suggestion do you think is the most important one to follow?

A person has weakness on one side of their body. What side do you take their clothes off from? What side do you start with when you are putting on their clothes?

A patient has an IV. Describe the process of taking a gown off of the person and the process of putting the gown back on the person. Which arm goes first in each case? Why must you be careful to not put the IV lower than the resident's arm?

REVIEW-----

What is the difference between a representative and an ombudsman?

Put the Five Rights of Delegation into your own words.

What is fraud? What is invasion of privacy?

If a person is choking but they can make noises or cough, why wouldn't you immediately perform abdominal thrusts?

A person falls a lot, but nothing on their care plan says anything about bed rails. Are you allowed to use bed rails anyway?

A person has bed rails listed on their care plan. If you raise their bed, what will you do with the bed rails?