Incontinence defined	
	functional
	overflow
	stress
	mixed
	urge
What do the folowing systems do	
Urinary	
Digestive	
Immune	
Endocrine	
How much urine per day for	
Oliguria	
Health person	
Define or describe & cause	
Hemautria	
nocturia	
Urinal	
Fracture bedpan	
normal urine color	
constipation	
defecation	
fecal impaction	
diarrhea	
black or tarry stools	
stoma	
ostomy	
ileostomy	
colostomy	
flatus	
flatulence	
stool	
feces	
urgency	
frequency	
urinary retention	
polyuria	

Urinals	
safety hazards	
where to place when full	
Catheters	
define Foley catheter	
define Texas/condom catheter	
when is catheter care done	
where secured to male/female	
Drainage bag and tubing	
where placed	
how emptied	
how secured to bed	
If becomes disconnected	
Bladder Training Purpose	
with a catheter in place	
without a catheter in place	
Enema Definition	
Describe all aspects of:	how much, how long to hold, how far to insert tube, position, temperature, when they are given
oil retention enemas	
Soap Suds Enemas (SSE)	
Saline	
Tap Water (TWE)	
suppository	
Cramping during enema	
Good or bad for BMs and why	
low fiber diet	
exercise	
water (how much/day)	
fruits and veggies	
sedentary lifestyle	
Warm fluids	
Ostomy Pouches	
When to change	
How often	
when can they shower	
what if it fills with flatus	
how to empty	

Chapter 18 19 Guided notes