

Circulatory System changes	heart changes
Circulatory System changes cont'd	vessel changes
Respiratory System changes	Muscles
	breathing
	coughing
Preventing complications	
Digestive System Changes	mouth
	stomach
	chewing problems due to
	stomach and colon changes
Making things easier How?	
Urinary System Changes	kidney
	bladder
	voiding changes
	male problems
Preventing complications	
Reproductive System Changes	Male
	Female
Nursing Center Care	Why go to a nursing Center?
Losses they may suffer (3)	
Sexuality Definition	
OBRA requirement	
Promoting Sexuality 6 ways	
Sexually aggressive person	
causes	
touching	
fondling genitals (reasons)	
what can you do if a resident touches you	

Developmental Task	
Geriatrics	
Young Adulthood	
Middle Adulthood	
Late Adulthood	
Retirement	
Development	
gerontology	
growth	
Social Changes	
Reduced income	
Late Adulthood developmental task Name 3	
Loneliness Why?	
Children as caregivers	
Integumentary System changes	
	skin changes
	hair changes
	nail changes
	Risks
M/S system changes	Muscles
	Bones
	Joints
	Height
	Strength
Ways to prevent worsening of changes	
Nervous system changes	reflexes
	nerve cells
	Brain changes and symptoms
	sleeping
	hearing and vision
	taste and smell
	touch and pain
	heat and cold